

6 Stinkin' Years  
TORONTO GARLIC FESTIVAL  
ACTIVITIES

Sunday, September 18, 2016

Artscape Wychwood Barns

601 Christie Street, 10-minute walk west from St. Clair West Subway station

9:00 AM to 5:00 PM

Street and metered parking nearby

Wheelchair accessible

Admission \$5.00 per adult | Children 12 and under free

<http://www.torontogarlicfestival.ca>

Facebook: Toronto Garlic Festival • Twitter: @TorontoGarlic

(Toronto – Sept 2, 2016) The 6<sup>th</sup> Annual Toronto Garlic Festival isn't just about eating good garlicky food—festival visitors will stay entertained all day with a host of exciting activities! From expert advice in the Speakers' Corner to concerts, contests, challenges, art classes and cooking demos, there will be plenty of opportunities for garlic enthusiasts to expand their knowledge of the special spice beyond the palate.

In the Speaker's Corner, culinary nutritionist and lifestyle curator Marni Wasserman will talk about the importance of healthy eating with an emphasis on garlic as an indispensable ingredient in plant-based cooking and a gluten-free diet. Chef Rosemary Lee, the well-traveled and multi-lingual executive chef, will give valuable advice on successfully integrating heat into everyday cooking. Arlene Throness, Urban Agriculture Coordinator at Ryerson University, has a wealth of information to share about growing garlic in Ontario and, for festival visitors curious whether fresh garlic may one day be harvested on the Red Planet, University of Guelph Professor Michael Dixon will lead a discussion on Canada's contribution to the international effort to grow food for long term space travel. Finally, stand-up comedian and former Masterchef Canada contestant Ben Miner is set to give a guffaw-inducing cooking demo of his recipe for Garlicky Potato Wedges.

For festival visitors who want to develop their drawing skills alongside their love of garlic, the social painting café Sip & Paint is providing a garlic bulb painting workshop. For the little ones, face painting will be available throughout the day. And on the Jewel 88.5 Music Stage, renowned jazz pianist Bill King, composer Donald Quan of Musideum, and folk musician Lawrie Ingles will be playing an electronic piano generously donated by Remenyi House of Music.

For daring and competitive garlic lovers, the Toronto Garlic Festival is bringing back the Garlic Shot Station and the Garlic Breath Contest, where festival visitors can down free shots of raw, fresh-pressed Ontario garlic served by local politicians and celebrities, and compete to determine whose breath is the stinkiest! The winner and runner-ups are determined by a gas chromatograph reading provided by Oral Chroma, and prizes include 5 lbs of Ontario heirloom garlic.

New this year, the 6<sup>th</sup> Annual Toronto Garlic Festival presents a 360-degree Virtual Reality tour of Simon de Boer's Langside Farms in Teeswater, Ontario. This innovative project provided by film and media production company Capture Scratch gives festival visitors the opportunity to

experience what it's like to harvest Ontario garlic, bringing them as close as possible to the garlic growing process without taking a trip to the countryside.

The Festival Theatre will play two Canadian food-related documentaries on a loop throughout the day and the long-standing Garlic Breath Superhero is always on hand for a photo op with social media savvy garlic lovers.

Sunday, September 18, 2016 from 9 am to 5 pm. Artscape Wychwood Barns is located at 601 Christie Street, Toronto, ON M6G 4C7, less than a 10 minute walk west from the St. Clair West Subway station.

Street and metered parking nearby. Wheelchair accessible.

Admission is \$5.00 per adult. Children 12 and under are free.

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For more info, set up interviews, enquire about media accreditation, get GAT: Ingrid Hamilton | [ingrid@gat.ca](mailto:ingrid@gat.ca) | 416-731-3034